

THE SECRET – The Law of Attraction

Collection of Learning Points from Watching the DVD – The Secret

1. The secret is the answer to all that has been, all that is, and all that will ever been.
2. The secret is the law of attraction.
3. Whatever goes into our mind, we are attracting to it.
4. Thoughts will magnetize into signals and they will be back to you.
5. Most people focus on what they don't want, and wonder why it happened to them over and over again.
6. When you said something that you want, you are acting upon your thoughts. The universes will response to you. It will bring back things that match it.
7. The universe is based on the law attraction. Everything is based on attraction.
8. The law of attraction says it will give you whatever you said.
9. Focus on what you want. DON'T focus on what you don't want.
10. You don't understand something, doesn't mean that you need to reject it.
11. Positive thoughts are hundred times more powerful than negative thoughts.
12. You must cheer your thoughts, and must have fun with it.
13. Everything that happens to you right now is of your attraction.
14. There are only 2 emotion guidance thoughts, GOOD and BAD.
15. Whatever it is your feeling is a perfect reflection of what is in the process of becoming.
16. You can feel even though it is not there, the universe will response into and manifest according to it.
17. What you think, what you feel and what manifests always match.
18. You create your own universe as you go along.
19. When you feel bad, think about something that you will make you feel good, or listen to music. You will change your emotion.
20. Write down what you really want. The universe will arrange itself to make it happen for you.
21. You do not need to know how universe works for you. It will prove it one day
22. The creative process:
Step 1: ASK

Step 2: ANSWER

Step 3: RECEIVE

23. Generate the good feeling and remember it. You will be attracting in it.
24. The universe is like a speed, don't delay, don't second guess, don't doubt when opportunity is here, ACT upon it. That is your job.
25. You got to be attentive to what you want to attract.
26. Take the first step in faith. You don't have to see the whole staircase, just take the first step. The universe does with zero effort.
27. Most people offer majority of their thoughts in response to what they are observing.
28. Most people see what is in their stands, they will say this is who they ARE. It is actually who they WERE.
29. All that we are is the result of what we have thought. – Buddha.
30. Every morning, thanks to everything. You will feel gratitude.
31. Powerful Process:-
 - a. Gratitude
 - b. Visualize.
32. When you visualize, you materialize.
33. When you go there with your mind, you go there with your body. The body will be response with it.
34. When you visualize, feel it with abundance, create the power of attraction.
35. Feeling creates attractions.
36. Habituated good feeling ways of beings
37. Feel your feeling, feel your joy, feel you have it right now!!!
38. What this power is, I cannot say, and I know is that it exists.
39. Imagination is everything. It is the preview of life's coming attractions –Albert Einstein
40. Decide on what you want, believe you can have it. Believe it is possible for you. Visualize everyday for a few minutes. Feel the joy. Then, release it to universe and trust the universe will figure out for you.
41. Whatever the mind of man can conceive and believe, it can achieve.
42. When you have inspired thoughts, you have to trust them and you have to act on them.
43. If cash is what you want to have, say how much you want it.

44. If you think of debts, you are attracting debts.
45. If we want to create wealth, wealth is a mindset.
46. Live in abundance in all areas.
47. Live with inner joy, inner peace and inner vision. And all of outside will appear to you.
48. We are the creator of universe. What we wish will manifest and create our life.
49. My wish my command.
50. If you want relationship, it is first depends on who you want to come in your relationship. I don't mean your partner, it is YOU. You are the solution of you.
51. If you love yourself, you love others.
52. Love yourself means respect yourself. Are you worthy of you?
53. Ask no one to be different in order for you can feel good. You are the only one that creates your own reality.
54. If you think of those things that you like most, it will come to you.
55. So what your past is a flop. What are you going to do now is what matters!
56. Offer yourself deliberate thoughts and beliefs
 - a. Everything is right for me
 - b. I am getting younger and younger
 - c. The world has enough for everyone
 - d. I am an unlimited being
57. Fake it until you make it.
58. If you knew you have the potential to feel good, you are freeing yourself.
59. The source of diseases is stress.
60. Diseases cannot live in a healthy emotional state.
61. Self-healing of thinking good that can heal from cancer.
62. Happy thoughts → happy chemistry in body.
63. You can change your life and you can heal yourself.
64. Man becomes what he thinks about.
65. What you resist it, PERSISTS.
66. You cannot say NO and make things go away.
67. Focus on what you want, not what you don't want. When you say what you don't want, you are creating more of it.
68. You are here to create the world that you choose to be.
69. Everything in the universe is energy.

70. Any universe is connected with energy.
71. Everything vibrates, everything is about vibrations – positive or negative
72. You are not a finite body. Our body is a modular structure.
73. I dictate what I choose to see.
74. All power is from within and is therefore under our own control.
75. What do you really want now? You are the architect of your life.
76. You need to focus on what you want and expand it. And replace what you don't want.
77. You are the creator of your thoughts.
78. We can create everything by using the law of attraction.
79. There is more than enough of goodness to go around for everyone. Life is meant to be lived in abundance.
80. Whether you think you can or you can't, either way you are right.
81. If you always think of you can't due to some reason....., it will happen.
82. Give undivided attention to the things you want to do. Your purpose and your mission of life is the mission you give it to yourself.
83. Live in the states of harmony, joy, happiness and laughter, feel the joy, love, freedom, happiness and act on it.
84. Joy the fuel of success.
85. Follow your bliss and universe will open doors for you where there were only walls.
86. We are using less than 5% of our human mind, 100% usage of the mind is the result of proper education.
87. We are now going to the era of MIND.
88. The more you use "The Secret", the more you understand it.
89. There is nothing that you can't be.
90. Know what you want and focus on it. The universe will take order on it.
91. FEEL GOOD
92. What do you really want?
93. Everything that you observe with your physical senses is vibration interpretation.
94. All energy has vibration. We are frequency generator.